



# SCHEDULE - DAY 1

2018 AROCA Regional Sprint Championships (Sanctioned)  
Sat, 8 Dec 2018



Race	Event	Round	No	Est. Start	Progressions
001	Int Women - W1 500	Heat	1 / 3	8:15 AM	
002	Int Women - W1 500	Heat	2 / 3	8:22 AM	
003	Int Women - W1 500	Heat	3 / 3	8:29 AM	See Race 034
004	Int Men - W1 500	Heat	1 / 2	8:36 AM	
005	Int Men - W1 500	Heat	2 / 2	8:43 AM	See Race 035
006	J16 Women - W1 500	Heat	1 / 5	8:50 AM	
007	J16 Women - W1 500	Heat	2 / 5	8:56 AM	
008	J16 Women - W1 500	Heat	3 / 5	9:02 AM	
009	J16 Women - W1 500	Heat	4 / 5	9:08 AM	
010	J16 Women - W1 500	Heat	5 / 5	9:14 AM	See Race 036
011	J16 Men - W1 500	Heat	1 / 3	9:20 AM	
012	J16 Men - W1 500	Heat	2 / 3	9:26 AM	
013	J16 Men - W1 500	Heat	3 / 3	9:32 AM	See Race 037
014	U23 Men - W1 500	Heat	1 / 2	9:38 AM	
015	U23 Men - W1 500	Heat	2 / 2	9:43 AM	See Race 062
016	J19 Women Dash - W1 250	Heat	1 / 4	9:48 AM	
017	J19 Women Dash - W1 250	Heat	2 / 4	9:55 AM	
018	J19 Women Dash - W1 250	Heat	3 / 4	10:02 AM	
019	J19 Women Dash - W1 250	Heat	4 / 4	10:09 AM	
020	J19 Men Dash - W1 250	Heat	1 / 5	10:16 AM	
021	J19 Men Dash - W1 250	Heat	2 / 5	10:23 AM	
022	J19 Men Dash - W1 250	Heat	3 / 5	10:30 AM	
023	J19 Men Dash - W1 250	Heat	4 / 5	10:37 AM	
024	J19 Men Dash - W1 250	Heat	5 / 5	10:44 AM	
025	Premier Women Dash - W1 250	Heat	1 / 4	10:51 AM	
026	Premier Women Dash - W1 250	Heat	2 / 4	10:58 AM	
027	Premier Women Dash - W1 250	Heat	3 / 4	11:05 AM	
028	Premier Women Dash - W1 250	Heat	4 / 4	11:12 AM	
029	Premier Men Dash - W1 250	Heat	1 / 5	11:19 AM	
030	Premier Men Dash - W1 250	Heat	2 / 5	11:26 AM	
031	Premier Men Dash - W1 250	Heat	3 / 5	11:33 AM	
032	Premier Men Dash - W1 250	Heat	4 / 5	11:40 AM	
033	Premier Men Dash - W1 250	Heat	5 / 5	11:47 AM	
	Break				
034	Int Women - W1 500	Champ Final		12:04 PM	
035	Int Men - W1 500	Champ Final		12:11 PM	
036	J16 Women - W1 500	Champ Final		12:18 PM	
037	J16 Men - W1 500	Champ Final		12:24 PM	
038	J19 Women - W1 500	Heat	1 / 3	12:30 PM	
039	J19 Women - W1 500	Heat	2 / 3	12:35 PM	
040	J19 Women - W1 500	Heat	3 / 3	12:40 PM	See Race 059
041	J19 Men - W1 500	Heat	1 / 4	12:45 PM	
042	J19 Men - W1 500	Heat	2 / 4	12:50 PM	



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043	J19 Men - W1 500	Heat	3 / 4	12:55 PM	
044	J19 Men - W1 500	Heat	4 / 4	1:00 PM	See Race 060
045	Snr Master Women - W1 500	Heat	1 / 2	1:05 PM	
046	Snr Master Women - W1 500	Heat	2 / 2	1:12 PM	See Race 067
047	Snr Master Men - W1 500	Heat	1 / 3	1:19 PM	
048	Snr Master Men - W1 500	Heat	2 / 3	1:26 PM	
049	Snr Master Men - W1 500	Heat	3 / 3	1:33 PM	See Race 068
Lunch Break and Prizegiving for Int and J16					
050	Master Women - W1 500	Heat	1 / 2	2:10 PM	
051	Master Women - W1 500	Heat	2 / 2	2:16 PM	See Race 069
052	Master Men - W1 500	Heat	1 / 2	2:22 PM	
053	Master Men - W1 500	Heat	2 / 2	2:28 PM	See Race 070
054	Premier Women - W1 500	Heat	1 / 3	2:34 PM	
055	Premier Women - W1 500	Heat	2 / 3	2:39 PM	
056	Premier Women - W1 500	Heat	3 / 3	2:44 PM	See Race 071
057	Premier Men - W1 500	Heat	1 / 2	2:49 PM	
058	Premier Men - W1 500	Heat	2 / 2	2:54 PM	See Race 072
059	J19 Women - W1 500	Champ Final		2:59 PM	
060	J19 Men - W1 500	Champ Final		3:04 PM	
061	U23 Women - W1 500	St Final		3:09 PM	
062	U23 Men - W1 500	Champ Final		3:14 PM	
063	Master 70 Women - W1 500	St Final		3:19 PM	
064	Master 70 Men - W1 500	St Final		3:26 PM	
065	Gld Master Women - W1 500	St Final		3:33 PM	
066	Gld Master Men - W1 500	St Final		3:40 PM	
067	Snr Master Women - W1 500	Champ Final		3:47 PM	
068	Snr Master Men - W1 500	Champ Final		3:54 PM	
069	Master Women - W1 500	Champ Final		4:01 PM	
070	Master Men - W1 500	Champ Final		4:07 PM	
071	Premier Women - W1 500	Champ Final		4:13 PM	
072	Premier Men - W1 500	Champ Final		4:18 PM	



# SCHEDULE - DAY 2

2018 AROCA Regional Sprint Championships (Sanctioned)  
Sun, 9 Dec 2018



Race	Event	Round	No	Est. Start	Progressions
073	Mid Men - W6 250	Heat	1 / 2	7:45 AM	
074	Mid Men - W6 250	Heat	2 / 2	7:55 AM	See Race 080
075	Int Women - W6 500	Heat	1 / 2	8:05 AM	
076	Int Women - W6 500	Heat	2 / 2	8:12 AM	See Race 081
077	Int Men - W6 500	Heat	1 / 2	8:19 AM	
078	Int Men - W6 500	Heat	2 / 2	8:26 AM	See Race 082
079	Mid Women - W6 250	St Final		8:33 AM	
080	Mid Men - W6 250	Champ Final		8:43 AM	
081	Int Women - W6 500	Champ Final		8:53 AM	
082	Int Men - W6 500	Champ Final		9:00 AM	
083	J16 Women - W6 1000	Heat	1 / 3	9:07 AM	
084	J16 Women - W6 1000	Heat	2 / 3	9:16 AM	
085	J16 Women - W6 1000	Heat	3 / 3	9:25 AM	See Race 112
086	J16 Men - W6 1000	Heat	1 / 3	9:34 AM	
087	J16 Men - W6 1000	Heat	2 / 3	9:43 AM	
088	J16 Men - W6 1000	Heat	3 / 3	9:52 AM	See Race 113
089	J19 Women - W6 1000	Heat	1 / 2	10:01 AM	
090	J19 Women - W6 1000	Heat	2 / 2	10:10 AM	See Race 114
091	J19 Men - W6 1000	Heat	1 / 2	10:19 AM	
092	J19 Men - W6 1000	Heat	2 / 2	10:28 AM	See Race 115
	Midget Prizegiving				
	Break				
093	Int Women - W6 500 turn	Heat	1 / 3	10:47 AM	
094	Int Women - W6 500 turn	Heat	2 / 3	10:57 AM	
095	Int Women - W6 500 turn	Heat	3 / 3	11:07 AM	See Race 110
096	Int Men - W6 500 Turn	Heat	1 / 3	11:17 AM	
097	Int Men - W6 500 Turn	Heat	2 / 3	11:27 AM	
098	Int Men - W6 500 Turn	Heat	3 / 3	11:37 AM	See Race 111
099	Master Women - W6 1000	Heat	1 / 2	11:47 AM	
100	Master Women - W6 1000	Heat	2 / 2	11:56 AM	See Race 118
101	Master Men - W6 1000	Heat	1 / 3	12:05 PM	
102	Master Men - W6 1000	Heat	2 / 3	12:11 PM	
103	Master Men - W6 1000	Heat	3 / 3	12:17 PM	See Race 119
104	Premier Women - W6 1000	Heat	1 / 4	12:23 PM	
105	Premier Women - W6 1000	Heat	2 / 4	12:32 PM	
106	Premier Women - W6 1000	Heat	3 / 4	12:41 PM	
107	Premier Women - W6 1000	Heat	4 / 4	12:50 PM	See Race 120
108	Premier Men - W6 1000	Heat	1 / 2	12:59 PM	
109	Premier Men - W6 1000	Heat	2 / 2	1:08 PM	See Race 121
110	Int Women - W6 500 turn	Champ Final		1:17 PM	
	Break				
111	Int Men - W6 500 Turn	Champ Final		1:37 PM	
112	J16 Women - W6 1000	Champ Final		1:47 PM	



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Race	Event	Round	No	Est. Start	Progressions
113	J16 Men - W6 1000	Champ Final		1:56 PM	
114	J19 Women - W6 1000	Champ Final		2:05 PM	
115	J19 Men - W6 1000	Champ Final		2:14 PM	
116	Gld Master Women - W6 1000	St Final		2:23 PM	
117	Snr Master Women - W6 1000	St Final		2:32 PM	
118	Master Women - W6 1000	Champ Final		2:41 PM	
119	Master Men - W6 1000	Champ Final		2:50 PM	
120	Premier Women - W6 1000	Champ Final		2:56 PM	
121	Premier Men - W6 1000	Champ Final		3:05 PM	
122	J16 Women - W6 500	Heat	1 / 2	3:14 PM	
123	J16 Women - W6 500	Heat	2 / 2	3:20 PM	See Race 137
124	J16 Men - W6 500	Heat	1 / 2	3:26 PM	
125	J16 Men - W6 500	Heat	2 / 2	3:32 PM	See Race 138
126	Master Men - W6 500	Heat	1 / 2	3:38 PM	
127	Master Men - W6 500	Heat	2 / 2	3:44 PM	See Race 136
128	Premier Women - W6 500	Heat	1 / 3	3:50 PM	
129	Premier Women - W6 500	Heat	2 / 3	3:56 PM	
130	Premier Women - W6 500	Heat	3 / 3	4:02 PM	See Race 141
131	Premier Men - W6 500	Heat	1 / 2	4:08 PM	
132	Premier Men - W6 500	Heat	2 / 2	4:14 PM	See Race 142
133	Gld Master Women - W6 500	St Final		4:20 PM	
134	Snr Master Women - W6 500	St Final		4:26 PM	
135	Master Women - W6 500	St Final		4:32 PM	
136	Master Men - W6 500	Champ Final		4:38 PM	
137	J16 Women - W6 500	Champ Final		4:44 PM	
138	J16 Men - W6 500	Champ Final		4:50 PM	
139	J19 Women - W6 500	St Final		4:56 PM	
140	J19 Men - W6 500	St Final		5:02 PM	
141	Premier Women - W6 500	Champ Final		5:08 PM	
142	Premier Men - W6 500	Champ Final		5:14 PM	